

LONG CASE CHECKLIST

WIPE	WASH & WISH			
	INTRODUCE			
	PERMISSION			
	EXPLAIN & EXPOSE			
STEP 1 	GENERAL SURVEY	FACIES BUILT OBVIOUS DISEASE SPOT DIAGNOSIS		
	THERMOMETER	TELL > THIS IS NEW AND WASHED		
	STRETCH OUT HANDS	TREMORS : FLAPS		
	HANDS	PALM (SWEAT:WASTING :CONTR:COMP WITH OWN)NAIL		
		(CLUB, SPLINT, KOILO, HALFNHALF, LEUC,PIT)		
		DORSUM (SCL DERM, RA,OA,PSORIASIS)		
		JOINTS		
	WRIST	1) FLAPS 2) CTS SCAR		
	RADIAL PULSE	(1)RATE (2) RYTHM (3) RR (4) RF (5) COLLAPSE		
	FORE ARM	AVF , NEEDLE MARKS		
STEP 2 	THERMOMETER	REMOVE AND READ		
	EYES	PALLOR JAUNDICE ECCHYM		
	CHEEKS	RASH TENDERNES		
	MOUTH	ORAL ULCERS, DENTAL HYG, GUMS, TONGUE (GLOSITIS ATROPHY COATED)		
STEP 3 	JVP			
	CAROTID	CHARACTER		
	TRACHEA	TUG : POSITION		
	MASSES			
STEP 4 	ANT CHEST	DO ANT CHEST CHECK LIST		
	CVS	DO CVS CHECKLIST		
STEP 5 	CVS	LEAN FORWARD & AUSC > BOH / FIXED SPLIT		
	NECK FROM BACK	THYROID ;LN		
	POST CHEST	DO POST CHEST CHECK LIST		
STEP 6 	ABDOMEN	DO ABDOMIN CHECKLIST		
	LOWER LIMBS	DO LL CHECK LIST		
STEP 7 	CRANIAL NS	DO CN CHECK LIST		
	UPPER LIMBS	DO UL CHECK LIST		
	CEREBELLAR	DO CEREBELAR CHECK LIST		
STEP 8 	WALK	PD		
	WALK ON HEEL			
	WALK ON TOE			
	TANDEM			
	ROMBERG			
	SIT AND GET UP			
THANKS				

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